

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 – 6:00am							
6:00 – 7:00am							
7:00 – 8:00am							
8:00 – 9:00am							
9:00 – 10:00am							
10:00 – 11:00am							
11:00 – 12:00pm							
12:00 – 1:00pm							
1:00 – 2:00pm							
2:00 – 3:00pm							
3:00 – 4:00pm							
4:00 – 5:00pm							
5:00 – 6:00pm							
6:00 – 7:00pm							
7:00 – 8:00pm							
8:00 – 9:00pm							